Position Statement – NC Board of Physical Therapy Examiners

11. Documentation - Discharge Summary / Episode of Care

Approved – June 26, 2003 Updated – January 19, 2010 Reviewed – Sept. 23, 2010, June 17, 2015, June 6, 2018, Sept. 2, 2020, June 8, 2022 Revised to reflect re-codified statutes April 1, 2019 Revised – June 5, 2024

Can a PTA write a discharge summary or discharge from an episode of care?

No. In accordance with 21 NCAC 48C .0102 (e), only a physical therapist may write a Discharge Evaluation Summary that includes a summary of the patient's progress toward meeting the established goals and the determination that treatment is to be discontinued. It would acceptable for a PTA to write a Brief Discharge Note (eg, A physical therapist evaluates a patient and writes a Discharge Evaluation Summary, but requests the PTA to see the patient for one or two more visits to complete a specific goal. After the PTA has seen the patient for 1 or 2 visits and the patient has met the goal, the PTA can write a Brief Discharge Note to that effect.)

If a patient discharged by a physician (for example, in a hospital setting) has only been seen by physical therapy services on a limited basis, is a Discharge Evaluation Summary or summary of the episode of care required?

No. A Brief Discharge Note written by the PT or PTA that indicates the patient was discharged before a Discharge Summary could be performed is acceptable.

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